

## Elizabeth Guntrip



### Role

Committee Member for South East England

Lizzie is a young consultant and writer on natural history, access for all and youth engagement issues.

She has advised organizations including DEFRA, BBC Countryfile Diaries and M.E. charities, and has written for the BBC, HLF, nature and health charities and the Seasons book series (edited by Melissa Harrison, published by Elliott & Thompson). As a Heritage Ambassador (#Dustkickers) Lizzie is one of sixteen young people collaborating with HLF on youth-centric issues, and advised on their £10million Kick the Dust programme.

Since being diagnosed with neuroimmune disease M.E., Lizzie has worked closely with Springwatch and Autumnwatch on inclusivity in natural heritage, launching the social movement #WildlifeFromMyWindow to celebrate how nature uplifts and inspires. She was awarded an Unsprung Hero award on BBC Two.

Lizzie has a performing arts and photography background and teaches, choreographs and photographs dance and theatre for young people across Surrey.

You can contact Lizzie through her [website](#) or [twitter](#).